# 2016 USATF Gulf Association Junior Olympic, Men \& Women and Master Track \& Field Outdoor Championships 

June 23, 2016<br>Rice University<br>June 24-25, 2016<br>Herman Barnett<br>6800 Fairway<br>Houston, Texas 77087

AGE DIVISIONS \& ELIGIBILITY REQUIREMENTS:

## Age Divisions

19-29 (born 1987-1997)
30-39 (born 1977-1986)
40-49 (born 1967-1976)
50-59 (born 1957-1966)
60-69 (born 1947-1956)
70+ (born 1947-before)
Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. All athletes must be 2016 members of USATF in good standing.

## ENTRY PROCESS:

Individual Entries: $\$ 10$ per event
Club Administrators and Unattached Athletes should register online https://coachoregistration.com/track/entry/tx usatf by June 21 at 11:59 pm. Late entries will not be allowed. Online registration opens May 20. Fees must be paid online by the close of registration. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry.

Valid 2016 USATF Membership and Proof of Birth is required for participation.
AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 30 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

EVENT RESULTS: During competition, event results will be posted on the West end of the stadium. In addition, event results will be posted at AdkinsTrak.com.

RULES - CONDUCT \& FACILITY: USATF Competition Rules will be follow.
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## USATF GULF ASSOCIATION Junior Olympics Championships Men \& Women and Master Division Championship

JUNE 23---------------------THUR $\qquad$ Rice University, 4:00 pm

Javelin (4:00pm)
Hammer (5:00pm)
Shot Put (5:00pm)
Discus (5:00pm)
Pole Vault (5:00pm)
2000 meters steeplechase (5:30pm)
Triple Jump (6:00pm - directly following the All Comer's Long Jump competition)
USATF GULF ASSOCIATION Junior Olympics Championships
Men \& Women and Master Division Championship Barnett Stadium 6800 Fairway Houston, Texas 77087

June 24-25, 2016
**** All events are on a rolling schedule.
Youth Division will compete as well
FRIDAY (Start Time 4:00 pm)
Running Events
4x800M Relay ..................... Timed Finals .........Youth Division
110M, 100M, 80M Hurdles........Timed Finals........... Youth Division
1500M....................... Finals............Open/Master Division
200M, 400M Hurdles..........Timed Finals.......Youth Division

SATURDAY (Start Time 9:00am)
Running Events


Field Events (Finals)
8:00am
High Jump--------------------Open/Master (Combine)
12:00pm
Long Jump
Open/Master (Combine)

