2016 USATF Gulf Association Junior Olympic, Men & Women and Master Track & Field Outdoor Championships

June 23, 2016 Rice University June 24-25, 2016 Herman Barnett 6800 Fairway Houston, Texas 77087

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

	Age Difference	
	19 – 29 (born 19 <mark>87-1997)</mark>	
	30 – 39 (born 1977-1986)	
	40 – 49 (born 1967-1976)	
	50 – 59 (born 1957-1966)	
	60 – 69 (born <mark>1947-1</mark> 956)	
	70+ (born 1947-before)	

<u>Individuals:</u> Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. All athletes must be 2016 members of USATF in good standing.

ENTRY PROCESS:

Individual Entries: \$10 per event

Club Administrators and Unattached Athletes should register online <u>https://coachoregistration.com/track/entry/tx_usatf</u> by June 21 at 11:59 pm. Late entries will not be allowed. Online registration opens May 20. Fees must be paid online by the close of registration. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry.

Valid 2016 USATF Membership and Proof of Birth is required for participation.

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 30 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

EVENT RESULTS: During competition, event results will be posted **on the West end of the stadium**. In addition, event results will be posted at **AdkinsTrak.com**.

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RULES – CONDUCT & FACILITY: USATF Competition Rules will be follow. CONTACT:

Name: Ramsi Bethany-Taylor (Women Chairman) Phone Number: (713) 666-8133 E-mail: <u>rbethany05@yahoo.com</u> or <u>womenstrackandfield@gulf.usatf.org</u>

Name: Willie Richardson (Men Chairman) Phone Number: (713) 666-8133

Name: Bill Collins (Master Chairman) Phone Number: (713) 491-3248 E-mail: acala1@att.net

USATF GULF ASSOCIATION Junior Olympics Championships Men & Women and Master Division Championship

JUNE 23------THUR. ----- Rice University, 4:00 pm

Javelin (4:00pm)

Hammer (5:00pm)

Shot Put (5:00pm)

Discus (5:00pm)

Pole Vault (5:00pm)

2000 meters steeplechase (5:30pm)

Triple Jump (6:00pm – directly following the All Comer's Long Jump competition)

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June 24-25, 2016 **** All events are on a rolling schedule. **** Youth Division will compete as well

FRIDAY (Start Time 4:00 pm)

Running Events

4x800M Relay		Timed Finals Youth Division	
110M, 100M, 80M	Hurdles	Timed Finals Youth Division	
1500M		<mark>. Final</mark> sOpen/Master Divis	ion

SATURDAY (Start Time 9:00am)

Running Events					
4X100M Relay Finals	Youth Division				
100MFinals	Open				
100M Finals	Master				
100M Finals	Youth Division				
800MFinals	Open				
800MFinals	Master				
400MFinals	Open				
400MFinals	Master				
400M Finals	Youth Division				
1500M Race WalkTimed FinalsOpen/Master (Combine)					
3000M Race WalkTimed Finals	13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M				
200MFinals	Open				
200MFinals	Master				
200MFinalsYouth					
1500MTimed Finals.	Youth				
4X400M RelayTimed Finals.	Youth				
Field Events (Finals)					
8:00am					
High JumpOper	n/Master (Combine)				
12:00pm					
Long JumpOper	n/Master (Combine)				